



LEELANAU
INVESTING
FOR TEENS

SUMMER PROGRAMS 2022

MOUNTAIN BIKE CLINICS

WHO?

Mountain Bike Clinics are available for any Leelanau County Middle School or High School youth who wish to attend. **There is, however, a capacity limit. In order to reserve a spot for your youth you will have to contact Chloe at 248-459-0116 who will then confirm that they are able to attend.**

WHAT?

LIFT staff and volunteers will be hosting mountain bike clinics for youths of all levels of experience. Youths will learn the basics of mountain biking and have opportunities to hone their skills. Several trusted and capable mentors will be leading and riding with the attendees on trails of different experience levels. **Bikes and helmets will be provided but close toed shoes will be REQUIRED for participation. If required, LIFT can provide footwear options if notified in advance.**

WHEN?

Mountain Bike Clinics will be held about every Wednesday from 10AM to 12PM on the dates listed below.

June 22nd

June 29th

July 6th

July 20th

August 3rd

August 10th

WHERE?

The youths will be biking on different skill level trails in [Palmer Woods](#).

ADDITIONAL INFORMATION

***TRANSPORTATION AVAILABLE* Please contact Bekah if needed at 231-480-6006.**