



LIFT

Winter/Spring 2024-2025

Glen Lake Middle School

LIFT Programming is available FIVE days a week from dismissal until 5:30 PM.

As a reminder, parents, along with family and friends approved, are responsible for picking all of their students up by that time. For late pick-ups, a fee will be charged based on actual pick-up time. For any days there is no school, or school / after-school / sport activities get canceled due to weather, there will also not be LIFT on that day.

If you have any questions about our activities, needs or how to get involved, please contact Stefanie Murphy [Glen Lake Middle School Program Coordinator] at (231) 334-3061 ext.208 or murphys@thecentersb.com or Emily Worden [Program Development Director] at emilyworden@thecentersb.com

Need to get your student[s] signed up? Find the link to the permission form below so you can register your student[s] and have them join us the same day your form is signed!

English :

<https://forms.gle/CuudmcmnD5b6VeY1A>

Spanish :

<https://forms.gle/ts84rDNpnd2riLm6A>



January

Monday	Tuesday	Wednesday	Thursday	Friday
		Holiday Break. We'll see you Monday the 6th!		
6 New Year goal setting + talking about making change	7 Snowflake Crafting	8 Homework Help Quiet Games	9 Sea2Stable *RSVP	10 Sledding at GL School hill
13 GAAC Weaving Class *RSVP	14 Freezing Bubble Experiment	15 Homework Help Quiet Games	16 Significant Strikes Self Defense / Boxing	17 Elevate Rock Climbing *RSVP
20 NO SCHOOL NO LIFT	21 Minute to Win it games	22 Homework Help Quiet Games	23 HALF DAY NO LIFT	24 HALF DAY NO LIFT
27 Empire Library *RSVP	28 National Lego Day Let's Build!	29 Homework Help Quiet Games	30 Ping Pong Tournament	31 Movie Night

*limited attendance day due to transportation capacity

**student-led day



February

Monday	Tuesday	Wednesday	Thursday	Friday
3 Make Birdseed Feeders	4 Yarn Heart Making	5 Homework Help/Quiet Games	6 Sea2Stable *RSVP	7 Cupid Floats
10 Marshmallow Catapults	11 Paper Flower Making	12 Homework Help/Quiet Games	13 Travel to Significant Strikes Gym *RSVP	14 HALF DAY NO LIFT
17 NO SCHOOL NO LIFT	18 Ping Pong Tournament	19 Homework Help/Quiet Games	20 Cards/Dice Games	21 NO LIFT
24 GAAC *RSVP	25 Stop Motion Animation led by Cory W.	26 Homework Help/Quiet Games	27 Soap Making: **Student Led	28 Winter Fire Building in the Woods

*limited attendance day due to transportation capacity

**student-led day



March

Monday	Tuesday	Wednesday	Thursday	Friday
3 Make a "kind" card for someone	4 Air Fryer Doughnuts	5 Homework Help / quiet games	6 Sea2Stable *RSVP	7 Make Shamrock Shakes
10 Glue Wool Easter Egg Craft	11 Mental Health Day/ Make self-care kits	12 Homework Help / quiet games	13 Significant Strikes	14 Movie & Variety of Popcorn (National Popcorn Day on 3/8)
17 GAAC Mixed Media *RSVP	18 Curling @ Broomstacks *RSVP	19 Homework Help / quiet games	20 Spring minute to win games	21 SPRING BREAK NO LIFT
24 SPRING BREAK NO LIFT	25 SPRING BREAK NO LIFT	26 SPRING BREAK NO LIFT	27 SPRING BREAK NO LIFT	28 SPRING BREAK NO LIFT
31 First day back to school Share & Chill				

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**student-led day



April

Monday	Tuesday	Wednesday	Thursday	Friday
	1 AirFryer Doughnuts	2 Homework Help Quiet Games	3 Sea2Stable* RSVP	4 Learn How to make Glass Buggles
7 Build a peep parachute	8 Visit Baby Goat Farm RSVP	9 Homework Help Quiet Games	10 Significant Strikes	11 Diamond Art
14 Let's make Bunny Bait	15 Seedling Starters	16 Homework Help Quiet Games	17 Empire Library* RSVP	18 Half Day No LIFT
21 GAAC* RSVP	22 Sculpey Clay	23 Homework Help Quiet Games	24 Shalda Creek Hike* RSVP	25 BINGO
28 Fire building with Mrs. Palmer	29 Ping Pong Tournament	30 Homework Help Quiet Games		

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May

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Sea2Stable *RSVP Day	2 Soap making gifts for Mother's Day
5 Cinco De Mayo – make mini piñatas	6 Corn Hole	7 Middle School Field Trip NO LIFT	8 Middle School Field Trip NO LIFT	9 Middle School Field Trip NO LIFT
12 Jewelry making with Mrs. Morgan	13 Ping Pong Tournament	14 Homework Help & Quiet Games	15 Fun Large Group Collaborative Games (Stack and Run, Silent Line Up)	16 Travel to Traverse City/Shopping Trip *RSVP Day
19 GAAC *RSVP Day Resist Dye Bandanas	20 Create Cardboard Faces	21 Homework Help & Quiet Games	22 Llvely Farm *RSVP	23 Movie Night
26 No School No LIFT	27 Smoothies and school grounds clean-up	28 Homework Help & Quiet Games	29 Bike ride on Heritage Trail *RSVP	30 Sidewalk Chalk Inspirational Quotes

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