



Northport and Suttons Bay High School

LIFT Events Calendar

September and October 2023

- **Saturday, September 23rd: Artprize**
 - LIFT staff will be taking a small group of interested students to Artprize in Grand Rapids. Students will be asked to contribute \$40 to join.
- **Wednesday, September 27th: Boxing Club (6 PM to 7:30 PM)**
 - Students are invited to join LIFT at the Friendship Community Center for a free boxing workshop with Significant Strikes.
- **Wednesday, September 27th: safeTALK (5:30 PM to 9:00 PM)**
 - LIFT is partnering with Kiersten's Ride to host safeTALK, an evidence-based training where participants will learn to notice and respond to situations where suicide thoughts may be present. Students 16 years and older, as well as parents, are invited to join us in the LIFT room at Suttons Bay Public Schools for this important workshop.
- **Friday, September 29th: Homecoming Parade and Game**
 - LIFT staff and volunteers will be participating in Suttons Bay's Homecoming festivities. Catch us at the parade and the game!
- **Friday, October 6th: Boxing Club @ Significant Strikes Gym (6 PM to 7:30 PM)**
 - LIFT will be providing rides to interested high school students to the Significant Strikes Gym in Traverse City for a free boxing workshop. We may even get some food afterward!
- **Saturday, October 21st: Paintball**
 - Interested high school students are invited to attend an epic paintball battle in Copemish. LIFT will be providing rides! Time to be determined.

Suttons Bay students and parents are encouraged to reach out to Rebekah TenBrink for more information on any of these events at 616-405-0006.

Northport students and parents are encouraged to reach out to Alana Slanec for more information on any of these events at 231-335-3550.